

# March 2024

## Transylvania County Schools Pre-K Menus

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**



**National School Breakfast Week  
is March 4-8, 2024!**  
**Help celebrate by eating  
breakfast at school!**

**4**  
Breakfast: Breakfast Bread, WG, Fresh Fruit, Milk  
Lunch: Pizza, WG, Garden Salad, Diced Peaches, Milk  
Snack: Yogurt & Giant Goldfish, WG

**5**  
Breakfast: Chicken Biscuit, Applesauce, Milk  
Lunch: Taco Tuesday! Golden Corn, Fresh Fruit, Milk  
Snack: Cheez-Its, WG & Orange Slices

**6**  
Breakfast: Pancakes, WG, NC Sliced Apples, Milk  
Lunch: Mandarin Chicken, Brown Rice, Steamed Broccoli, Mandarin Oranges, Milk  
Snack: Snack Crackers, WG 100% Fruit Juice

**7**  
Breakfast: Cinnamon Roll, WG, Fruit Cup, Milk  
Lunch: Scrambled Eggs, Biscuit, Tator Tots, Pineapple, Milk  
Snack: Cheddar Chex, WG & Broccoli w/ Dip

**8**  
Breakfast: Sausage Bites, WG, Orange Cup, Milk  
Lunch: Mini Corndogs, WG, Baked Beans, Strawberries, Milk  
Snack: Pretzels, WG & Cheese Stick

**11**  
Breakfast: Cereal, WG, Fresh Fruit, Milk  
Lunch: Pizza, WG, Garden Salad, Diced Pears, Milk  
Snack: Yogurt & Giant Goldfish, WG

**12**  
Breakfast: Sausage Biscuit, Applesauce, Milk  
Lunch: Nachos, WG, Golden Corn, Fresh Fruit, Milk  
Snack: Cheez-Its, WG & Pineapple Cup

**13**  
Breakfast: Super Donut, WG, NC Sliced Apples, Milk  
Lunch: Chicken & Waffle, WG, Mashed Potatoes, Applesauce, Milk  
Snack: Snack Crackers, WG 100% Fruit Juice

**14**  
Breakfast: Waffles, WG, Fruit Cup, Milk  
Lunch: Pasta w/ Meat Sauce, Breadstick, WG, Green Peas, Fresh Fruit, Milk  
Snack: Cheddar Chex, WG & Baby Carrots & Sugar Snap Peas w/ Dip

**15**  
Breakfast: Cinnamon Toast, WG, Orange, Milk  
Lunch: Steak Burger, WG, French Fries, Cherry Crisp, Milk  
Snack: Pretzels, WG & Cheese Stick

**18**  
Breakfast: Breakfast Bread, WG, Fresh Fruit, Milk  
Lunch: Pizza, WG, Garden Salad, Diced Peaches, Milk  
Snack: Yogurt & Giant Goldfish, WG

**19**  
Breakfast: Chicken Biscuit, Applesauce, Milk  
Lunch: Taco Tuesday! Golden Corn, Fresh Fruit, Milk  
Snack: Cheez-Its, WG & Clementine Cup

**20**  
Breakfast: Pancakes, WG, NC Sliced Apples, Milk  
Lunch: Chicken Sandwich, WG, Green Peas, Mandarin Oranges, Milk  
Snack: Snack Crackers, WG 100% Fruit Juice

**21**  
Breakfast: Cinnamon Roll, WG, Fruit Cup, Milk  
Lunch: Grilled Cheese, WG Vegetable Beef Soup or Garden Salad, Fresh Fruit, Milk  
Snack: Cheddar Chex, WG & Celery Sticks w/ Dip

**22**  
Breakfast: Sausage Bites, WG, Orange Cup, Milk  
Lunch: Manager's Choice Manager's will advertise this menu in the cafeteria  
Snack: Pretzels, WG & Cheese Stick

**25**

**26**

**27**

**28**

**29**

# SPRING BREAK

### Breakfast

Breakfast is served daily in the classroom.

Breakfast consists of 1-2oz Grains, ½ cup fruit and 8oz 1% Unflavored Milk.

### Lunch

Lunch is served daily in the classroom.

Lunch consists of 2 oz Meat/Meat Alternative, 2 oz Whole Grains, ½ cup vegetable, ½ cup fruit and 8oz, 1% Unflavored Milk.

### Additional Weekly Entrée Options

Deli Sandwich  
Peanut Butter & Jelly Sandwich  
Yogurt Plates

### Snack

Snack is served daily in the classroom.

Snack consists of 2 items

2/19/2024

This institution is an equal opportunity provider.